

Workplace Health and Safety Protections from COVID-19



How to be safer and healthier at work.

You have the right to:



Protection from safety and health hazards, including COVID-19



Access your employer's written COVID-19 prevention program



Refuse to work in unsafe conditions



Report an unsafe workplace to Cal/OSHA

Remember:
Wear a face covering,
wash your hands,
keep your distance



Your employer must:



Provide you with face coverings and instructions on how to properly wear them.



Implement a written COVID-19 prevention program



Adjust work procedures to help prevent the spread of COVID-19



Provide effective COVID-19 safety training to all workers

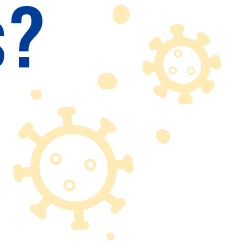


Allow time for workers to wash their hands and provide hand sanitizer.

It is illegal for your employer to reduce your hours, fire you or otherwise retaliate against you for filing a report.

More information on these protections is available online at dir.ca.gov/covid

What can I do if my employer is not protecting me from COVID-19 hazards?



Ask to review your employer's COVID-19 Prevention Program

This should detail the steps they are taking to prevent the spread of the virus.

File a complaint with Cal/OSHA

- Gather as much information as you can, such as:
 - Name, address, and telephone number of the worksite
 - Name and job title of the manager at the worksite
- Call or email the Cal/OSHA district office closest to your worksite.
 - Describe the hazards and how many employees may be exposed.
 - Leave your name and contact information so Cal/OSHA can follow up with you. Your name will be kept confidential by law.
 - Go to dir.ca.gov/covid/workplace-issues.html for information on how to contact the Cal/OSHA district office nearest you.

Symptoms of COVID-19 include:

- Fever of 100.4+
- Cough
- Chills
- Muscle pain
- Sore throat
- Headache
- Recent loss of taste or smell
- Difficulty breathing



What should I do if I have COVID-19 symptoms?

- Stay home and quarantine
- Find a testing site at covid19.ca.gov/get-tested or **833-422-4255**
- Tell your manager immediately



Do you qualify for paid sick leave?

Visit dir.ca.gov/covid/paid-sick-leave.html



What are my rights?

- To file a confidential complaint with Cal/OSHA to report an unsafe workplace.
- To receive paid sick leave
- To receive workers' compensation benefits for work-related injuries or illnesses, including COVID-19 if you got infected on the job
- To file a wage claim with the Labor Commissioner's Office if you are denied paid sick leave

Need help?

Visit dir.ca.gov/covid